



Norovirus associated with Subway restaurant in Normandy Park Foodborne illness outbreak investigation

Updated November 6, 2017

- Public Health has learned of an additional two persons from two separate groups who became ill with norovirus-like symptoms after eating at the Subway restaurant located in Normandy Park between Oct 20-21, before the meal date previous ill persons had reported.
- There still does not appear to be evidence of any ongoing spread of illness related to this restaurant.

Updated November 2, 2017

- Public Health has learned of an additional eight persons from three separate groups who became ill with norovirus-like symptoms after eating at the Subway restaurant located in Normandy Park on Oct 22, the same meal date as previous ill persons reported.
- Public Health's Environmental Health inspectors completed a return visit to the restaurant on Nov 1 to ensure the restaurant has been appropriately cleaned and sanitized.
- At this time, there does not appear to be evidence of ongoing spread of illness related to this restaurant.

Posted October 27, 2017

✓ Highlights

- Public Health is investigating an outbreak of gastroenteritis with vomiting, nausea, and diarrhea associated with Subway restaurant located in Normandy Park.
- On October 25, Public Health learned of eight people from two separate groups who became ill after eating food from the restaurant on October 22, 2017.
- We do not have laboratory confirmation of the etiology, but symptoms are suggestive of norovirus. Often in norovirus outbreaks, no laboratory testing is done. The exact food item that caused the illness has not yet been identified,

though this is not uncommon for norovirus outbreaks where multiple food items may be contaminated.

Prevention

Norovirus is a highly contagious virus that frequently spreads person-to-person and is often associated with food. Norovirus illness often has a sudden onset of nausea and vomiting and/or watery diarrhea with cramps. A low grade fever, chills, and body aches sometimes occur. Norovirus rarely causes severe complications. Dehydration is the most common complication, particularly among young children and the elderly. No vaccine is available for norovirus.

General advice for reducing risk of contracting norovirus:

1. Wash hands, cutting boards, and counters used for food preparation immediately after use to avoid cross contaminating other foods.
2. Wash hands thoroughly with soap after using the bathroom or changing diapers, and before preparing any food or eating.
3. Wait at least 48 hours after the last episode of vomiting and/or diarrhea before preparing any food for others.

More information about Norovirus

1. [Norovirus facts](#), Public Health – Seattle & King County

AT-A-GLANCE

Cases: 18

Hospitalizations: 0

Deaths: 0

Status: Complete

PUBLIC HEALTH ACTIONS

October 27, 2017

- Public Health's Environmental Health inspectors visited the restaurant on October 25, 2017.
- During the field inspection, no factors were identified that are known to contribute to the spread of norovirus; such as ill food workers, improper handwashing, lack of handwashing facilities, or incorrect sanitization

techniques.

- The restaurant management is working cooperatively with Public Health and has thoroughly cleaned and sanitized the restaurant.

LOCATION

Subway

19987 1st Ave S

Normandy Park, WA 98148



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