

Outbreak Investigation of *Listeria monocytogenes*: Frozen Supplemental Shakes (February 2025)

Do not sell or serve recalled Lyons ReadyCare and Sysco Imperial Frozen Supplemental Shakes. FDA's investigation is ongoing.



Product

Frozen supplemental shakes, manufactured by Prairie Farms Dairy Inc. ("Prairie Farms") in Fort Wayne, IN, under brands Lyons ReadyCare and Sysco Imperial within shelf-life.

Frozen supplemental shakes under brands Lyons ReadyCare and Sysco Imperial were sold to institutional settings such as long-term care facilities (LTCF).

Additional information is also available in the [recall notice](#) from Lyons Magnus LLC.

Symptoms of [Listeriosis](#) (*Listeria* Infection)

Symptoms usually start within two weeks after eating food contaminated with *Listeria* but may start as early as the same day or as late as 10 weeks after. Mild symptoms may include a fever, muscle aches, nausea, tiredness, vomiting, and diarrhea. If the more severe form of listeriosis develops, symptoms may include headache, stiff neck, confusion, loss of balance, and convulsions.

Stores Affected

Recalled frozen supplemental shakes were distributed to foodservice customers, including hospitals and long-term care facilities nationwide.

Status

Ongoing.

Recommendations

- Distributors and foodservice customers, including hospitals and long-term care facilities who purchased or received recalled Lyons ReadyCare and Sysco Imperial Frozen Supplemental Shakes should not sell or serve these products. Carefully clean and sanitize any surfaces or containers that they touched and follow [FDA's safe handling and cleaning advice](#) to reduce the risk of cross-contamination. *Listeria* can survive in refrigerated temperatures and can easily spread to other foods and surfaces.
- If you or your family member have symptoms of listeriosis you should contact your health care provider to report your symptoms and receive care.

Recommendations for At-Risk Groups

- *Listeria* is most likely to sicken [pregnant women and newborns](#), adults aged 65 or older, and people with weakened immune systems. Other people can be infected with *Listeria*, but they rarely become seriously ill.
- Pregnant women typically experience only fever, fatigue, and muscle aches. However, *Listeria* infection during pregnancy can lead to miscarriage, stillbirth, premature delivery, or life-threatening infection of the newborn.
- Call your healthcare provider right away if you have symptoms of a *Listeria* infection.

Current Update

February 24, 2025

The FDA and CDC, in collaboration with state and local partners, are investigating illnesses in a multistate outbreak of *Listeria monocytogenes* infections linked to Lyons ReadyCare and Sysco Imperial Frozen Supplemental Shakes manufactured by Prairie Farms Dairy, Inc. ("Prairie Farms") from the Prairie Farms facility in Fort Wayne, Indiana.

On February 22, 2025, Lyons Magnus LLC recalled 4 oz. Lyons ReadyCare and Sysco Imperial Frozen Supplemental Shakes. More information about the products being recalled is below.

As of February 24, 2025, a total of 38 people infected with the outbreak strain of *Listeria monocytogenes* have been reported from 21 states. Of the 38 people for whom information is available, 37 people have been hospitalized, and 12 deaths have been reported.

As part of this investigation, FDA conducted an onsite inspection and collected environmental and product samples at Prairie Farms Dairy, Inc. in Fort Wayne, IN. Three of the environmental swabs collected from the processing area tested positive for *Listeria monocytogenes*. [Whole Genome Sequencing](#) analysis determined that the *Listeria* detected in these samples is closely related to the strain of *Listeria* that is causing illnesses in this outbreak.

FDA's investigation is ongoing, and more information will be provided as it becomes available.