

FDA Investigates Multistate Outbreak of Cyclospora illnesses linked to Del Monte Vegetable Trays

The U.S. Food and Drug Administration (FDA) along with the Centers for Disease Control and Prevention (CDC) and state and local officials have been investigating a cluster of cyclosporiasis illnesses associated with recalled Del Monte vegetable trays from Kwik Trip/Kwik Star locations in the United States.

What is the Problem and What is Being Done About It?

FDA, CDC, state, and local partners are currently investigating several *Cyclospora* illnesses associated with [recalled Del Monte](#) 6oz and 12oz vegetable trays containing broccoli, cauliflower, carrots and dill dip that were sold by Kwik Trip/Kwik Star locations in IA, IN, MI, MN, and WI. Additionally, Del Monte is recalling “small veggie trays,” which are 28oz and include broccoli, cauliflower, carrots, celery and dill dip that were distributed to Illinois and Indiana.

As of June 21, 2018, [CDC has reported](#) 144 laboratory-confirmed cases of cyclosporiasis in persons from IA, MN, WI and MI who reportedly consumed the vegetable trays. Six of these people have been hospitalized and no deaths have been reported. The two cases from Michigan reportedly purchased the vegetable tray in Wisconsin and therefore Michigan is not impacted from this outbreak.

On June 8, 2018, Del Monte withdrew their 6oz and 12oz vegetable trays from retail market locations, and they are not currently available for purchase. However, consumers who purchased these trays before the withdrawal may still have product in their homes since the expiration date is June 17, 2018 or earlier. The 28oz vegetable trays that were distributed to IL and IN are being recalled as of June 15, 2018. [Del Monte reports](#) the recalled products were distributed to: Kwik Trip, Kwik Star, Demond's, Sentry, Potash, Meehan's, Country Market, FoodMax Supermarket and Peapod in Illinois, Indiana, Iowa, Michigan, Minnesota, and Wisconsin and have “Best If Enjoyed By” date of June 17, 2018 or earlier.

FDA has not identified which of the ingredients is the vehicle for this outbreak; each component of these vegetable trays is under consideration. FDA is currently reviewing distribution and supplier information related to the vegetable trays; the investigation is ongoing.

What is *Cyclospora*?

Cyclospora cayetanensis is a microscopic parasite of humans. This parasite, when it contaminates food or water and is then ingested, can cause an intestinal illness called cyclosporiasis.

The *Cyclospora* parasite needs time (days to weeks) after being passed in a bowel movement to become infectious for another person. Therefore, it is unlikely that cyclosporiasis is passed directly from one person to another.

For more information on *Cyclospora*: <http://www.cdc.gov/parasites/cyclosporiasis/>

What are the Symptoms of Cyclosporiasis?

Most people infected with *Cyclospora* develop diarrhea, with frequent, sometimes explosive, bowel movements. Other common symptoms include loss of appetite, weight loss, stomach cramps/pain, bloating, increased gas, nausea, and fatigue. Vomiting, body aches, headache, fever, and other flu-like symptoms may be noted. Some people who are infected with *Cyclospora* do not have any symptoms. If not treated, the illness may last from a few days to a month or longer. Symptoms may seem to go away and then return one or more times (relapse).

Who is at Risk?

People can become infected with *Cyclospora* by consuming food or water contaminated with the parasite. People living or traveling in countries where cyclosporiasis is endemic, including certain tropical or subtropical regions of the world, may be at increased risk for infection.

What Do Restaurants and Retailers Need To Do?

We do not expect retailers to have any of this recalled product; however, if they think they may, retailers should discard and not sell any Del Monte vegetable trays related to this warning.

What do Consumers Need to Do?

Consumers who have purchased recalled Del Monte 6oz, 12oz and 28oz vegetable trays from IA, IL, MN, and WI should discard the product immediately. Cooking or heating produce at high temperature will kill most pathogens, including parasites such as *Cyclospora*, and thus significantly reduces the likelihood of illness. This holds true for any produce that may contain *Cyclospora*. Washing or cleaning processes may not be sufficient to eliminate the pathogen.

Who should be Contacted?

Contact your healthcare provider if you have diarrhea that lasts for more than three days. The FDA encourages consumers with questions about food safety to [Submit An Inquiry](#), or to visit www.fda.gov/fcic for additional information.

Additional Information

- [Wisconsin Department of Health Services](#)
- [Iowa Department of Public Health](#)

- Minnesota Department of Health
- CDC Outbreak page
- FDA *Cyclospora* Page

Sample Product Images





Veg Tray w/dip
Litehouse Dip Lot
Best if Enjoyed by: 06/17/18 Net Wt. 12oz(340g) 01158113
Ingredients:
Broccoli(MEX), Carrot(U.S.A)
and Cauliflower(USA)
See dip container for dip ingredients
Dip contain Milk And Egg



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Veg Tray w/dip
Litehouse Dip Lot
Best if Enjoyed by: 06/17/18 Net Wt. 6oz(170g) 01158113
Ingredients:
BROCCOLI(MEXICO)BABY CARROTS(USA)
and Cauliflower(USA)
See dip container for dip ingredients
Dip contain Milk And Egg



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