

## Salmonella Outbreak Linked to Ramona Deli

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The County is investigating an outbreak of Salmonella linked to Ramona Family Naturals Market. The County has recorded 13 confirmed and probable cases since June 21, 2026. Those who became ill range in age from 27 to 60, and four people were hospitalized. Investigators believe the outbreak is connected to mayonnaise made with raw, unpasteurized eggs.

The market's owner has been working closely with the County's Environmental Health and Quality and Public Health Services and has stopped using raw, unpasteurized eggs in all its food products. In general, the public should avoid consuming raw eggs because they carry risk of *Salmonella*.

This strain is not linked to the [Salmonella outbreak linked to shell eggs in the Midwest](#).

*Salmonella* infection, or salmonellosis, can cause nausea, vomiting, diarrhea that might have blood or mucous, abdominal cramps and fever. Symptoms typically begin 12 to 72 hours after eating contaminated food and can last four to seven days. Most people recover without treatment.

Those at higher risk for complications include children younger than 5 years, adults 65 years and older, and those who are immunocompromised.

People who ate food purchased at Ramona Family Naturals Market or its deli and develop symptoms should contact their healthcare provider. The mayo was used in chicken salads and in the Ramona Red Sauce, which is used on sandwiches and is also sold by the bottle. Anyone who purchased the mayonnaise should throw it away.

Anyone who is still ill or has recovered after dining at Ramona Family Naturals Market can report their illness to County Department of Environmental Health Quality by calling (858) 505-6814, completing [this form](#) (desktop or laptop device) or emailing it to [fhdepi@sdcounty.ca.gov](mailto:fhdepi@sdcounty.ca.gov).

SOURCE: [Salmonella Outbreak Linked to Ramona Deli | News | San Diego County News Center](#)